

Fact Sheets

This Fact Sheet contains important information about the benefits as well as the risks of total joint replacement procedures, technologies and products.

This Fact Sheet may be used by health care professionals and entities that would like to educate their patients and community about a DePuy Synthes product they use in their practice or at their facility.

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Knee Osteoarthritis Fact Sheet

Osteoarthritis

Osteoarthritis is one of the most common types of arthritis and usually begins with pain in the affected joint. Osteoarthritis (OA) causes the normally smooth joint surfaces to wear away. A large, untreated population lives with the chronic pain associated with OA. For these people, everyday activities, such as walking, driving, standing – even lying down to sleep or rest – become extremely painful and, at times, impossible.

Knee Replacement Surgery

An effective way to reduce severe knee pain and restore mobility is knee replacement surgery. However, according to a survey of knee pain sufferers, it is estimated that patients wait for up to 13 years before seeking treatment for their severe knee pain.¹

Early diagnosis of knee OA with proper treatment is important to retain mobility. If a total knee replacement has been recommended, it's important not to delay surgery. Your knee muscles may weaken, which could make rehabilitation after surgery more difficult.² As with any medical treatment, individual results may vary. Only an orthopaedic surgeon can determine whether an orthopaedic implant is an appropriate course of treatment. There are potential risks, and recovery takes time. The performance of the new joint depends on weight, activity level, age, and other factors.

References:

1. <https://www.arthritis.org/Documents/Sections/About-Arthritis/arthritis-facts-stats-figures.pdf>. Accessed August 2019.
2. <https://www.verywellhealth.com/danger-in-delaying-joint-replacement-surgery-2549522>. Accessed August 2019.