DISCOVER YOUR
BREAST
RECONSTRUCTION
OPTIONS
with MENTOR® Breast Implants
For over 30 years, Mentor has been recognized worldwide as a leading manufacturer of breast implants.

MENTOR® MemoryGel™ Breast Implants are the leading choice of millions of women worldwide¹.

The information contained in this material is for educational purposes only and is not a substitute for medical advice. You should talk to your doctor about what to expect and follow your surgeon's advice regarding activities after surgery.

¹ Mentor Worldwide LLC. Mentor Worldwide as of June, 2017.
There's a lot to learn when you're considering breast reconstruction or breast replacement surgery with breast implants. This brochure will help you build a solid foundation of understanding as you begin this important process of choosing from the most up-to-date product options from Mentor. Our CPG™ Gel Breast Implants and MemoryGel™ Breast Implants are options for you to consider and discuss with your surgeon.

Our rich history is filled with industry firsts, innovative product designs and ground breaking research. Some manufacturers have come and gone, Mentor has a record of continually producing leading-edge, FDA approved breast reconstruction products. We are dedicated to providing patients and surgeons with proven safe and effective products and service. Like all things in life-the best decisions are made when you base them on your personal needs, desires, expectations, and facts.
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AN INTRODUCTION

Many women feel that reconstruction is an important next step in their recovery and overall healing.

For some, reconstruction can be a means of regaining a sense of wholeness and confidence in their appearance that may have been lost or impacted during treatment. For others, the reason is more practical - they simply don't like the hassle or worry associated with wearing a prosthesis. Being informed about your options will help you and your surgeon make the right choices.

It is important to note that any breast reconstruction process will require multiple procedures and the actual number of surgeries and recovery times vary.

Detailed information regarding the risks and benefits associated with MENTOR® Breast Implants is provided in several educational brochures. It is important that you read and understand these brochures when considering MENTOR® Breast Implants. Breast implants are not lifetime devices. You may need additional unplanned surgeries on your breasts because of complications or unacceptable cosmetic outcomes. The most common complications are reoperation, implant removal and capsular contracture. A lower risk of complication is rupture. Your doctor will monitor you in the years after your surgery to look for these potential complications.

Why choose Reconstruction?

Tens of thousands of breast cancer patients have elected to have breast reconstruction surgery. Breast reconstruction rebuilds your breast shape and feel after a mastectomy. Choosing breast reconstruction is very personal. Many studies have suggested that breast reconstruction constitutes a “reverse mastectomy” through the restoration of body image, self-esteem, and sexuality. The psychosocial benefits of breast reconstruction for those who desire it have
been well established. Breast reconstruction procedures vary depending on the results you desire along with your particular situation and other physical and psychological factors. Ask your surgeon for a detailed explanation of which option is most suitable for you and your lifestyle, as well as the risks of the surgery. It is essential to be well informed before deciding whether to have reconstruction surgery and which implant is right for you.

Keep a list of questions you may have and review them with your surgeon during those consultations.

**RECONSTRUCTION OVERVIEW**

**YOUR OPTIONS - IMMEDIATE OR DELAYED**

Breast reconstruction can be accomplished at the time of your mastectomy (immediate reconstruction) or at some point afterward (delayed reconstruction). The reconstruction procedure and products that are right for you will vary depending on your desired outcome, personal preferences, and physical factors.

**IMMEDIATE RECONSTRUCTION**

Immediate breast reconstruction begins at the time of your mastectomy. After the surgeon removes your breast tissue, the reconstructive surgeon will then place a breast implant or tissue expander.

**One-Stage**

Immediate one-stage reconstruction is when your surgeon places a breast implant immediately after your mastectomy. Women who have had a nipple sparing mastectomy (when the nipple is not removed) leaving the majority of the breast-skin, may have the possibility of one-stage reconstruction.
Two-Stage
Immediate two-stage reconstruction starts with the placement of a breast tissue expander after the surgeon removes the breast tissue. The expander is gradually filled with sterile saline by your surgeon in an outpatient clinic setting. The volume will be increased in the tissue expander over time causing the surrounding tissue to stretch and allow new skin to be created to obtain the desired result. The tissue expander is then replaced by a breast implant some time later. This procedure allows for the most flexibility in shaping the breast.

Immediate Reconstruction
Product Options
Once you have learned that you are a candidate for immediate breast reconstruction surgery, deciding which products to use to achieve your desired results is the next step in your journey. Continue reading to learn more about your product options.
MENTOR® BREAST TISSUE EXPANDERS

Tissue expanders are used in two-stage immediate breast reconstruction surgery to expand the skin and create a shaped pocket for the implant to occupy.

MENTOR® BREAST IMPLANTS

Breast Implants can be used during both one-stage and two-stage immediate breast reconstruction surgery. A breast implant is a sack (implant shell) made of silicone elastomer-filled with silicone gel—surgically implanted under your breast tissue or under your chest muscle to increase breast mass. Mentor offers silicone that adhere to the highest standards of safety on the market today.

SILTEX™ BECKER™ EXPANDER/BREAST IMPLANTS

The BECKER™ Expander/Implant is the only gel product that gives you the option of a single or two-stage breast reconstruction. These unique products have an inner lumen containing saline solution that allows for tissue expansion and an outer lumen of gel that is designed to provide a softer feeling implant. The remote injection dome makes volume adjustments simple and can be easily removed when expansion is complete. BECKER™ Expander/Breast Implants are a technological advancement in terms of offering your surgeon the ability to create exact outcomes in size, shape and fill, without compromising the natural give of silicone gel.

MENTOR® SPECTRUM™ ADJUSTABLE SALINE BREAST IMPLANT

Many one-stage immediate breast reconstruction surgeries involve the placement of a single adjustable implant. The volume of the SPECTRUM™ Implant can be expanded postoperatively over a period of several months, until your desired size is achieved.

DELAYED RECONSTRUCTION

Unlike immediate breast reconstruction, delayed breast reconstruction does not begin at the time of your mastectomy. Delayed breast reconstruction surgery may begin weeks, months, or even years after your mastectomy. Your surgeon will begin reconstructive surgery at whatever time you and your care team decides is best given your unique situation. Two-stage reconstruction is the only procedural option if you elect to have delayed reconstruction surgery, because the skin over your chest will have contracted and lost the breast shape in the intervening time.

Two-stage delayed breast implant reconstruction involves a combination of procedures to gradually expand the skin on your chest into the shape of a breast and create a pocket for the breast implant to occupy. Delayed breast reconstruction starts with the placement of a breast tissue expander. The breast tissue expander is gradually filled with sterile saline fluid to expand and grow your skin. Several months later the tissue expander is replaced with a breast implant, after enough new skin has been created to obtain the best result.
Delayed Reconstruction Product Options

Below is a brief discussion of your product options for breast tissue expanders and breast implants. For delayed reconstruction talk to your surgeon to decide which products will yield the best reconstruction results given your specific needs.

MENTOR® BREAST TISSUE EXPANDERS
Tissue expanders are used in two-stage delayed breast reconstruction surgery to expand the skin and create a shaped pocket for the implant to occupy.

MENTOR® BREAST IMPLANTS
When your breast tissues have expanded to create enough room, the tissue expander will be removed and a breast implant will be placed. Mentor Breast Implants go through a series of controlled tests to insure that only products that meet or exceed our standards leave our facility.
PRODUCT OVERVIEW

Mentor is a world leader in breast implant manufacturing. Mentor Breast Implants go through a series of controlled tests to insure that only products that meet or exceed our standards leave our facility. Explore this section to learn more about the wide variety of breast implant styles that Mentor offers. You can also review safety and warranty information, as well as read answers to frequently asked questions.

MENTOR® BREAST TISSUE EXPANDERS

Tissue expanders are used in both immediate and delayed breast reconstruction surgery to expand the skin and create a shaped pocket for the implant to occupy. After your surgeon removes your breast tissue, the surgeon will then insert the unfilled tissue expander.

CONTOUR PROFILE™ Breast Tissue Expanders

MENTOR® CONTOUR PROFILE™ Expanders are designed to expand primarily in the lower portion of the breast, so the resulting pocket will accommodate your selected breast implant and slope like a mature breast. The addition of a SILTEX™ Texture texturized shell promotes a reduction in shifting with the goal to minimize capsular contracture. CONTOUR PROFILE™ expanders also have an integral injection dome that allows your surgeon to add saline solution to the expander and gradually stretch the breast tissue over a period of several months. The tissue expander is removed when your breast tissues can accommodate the breast implant you and your care team have selected.

SILTEX™ BECKER™ Expander/Breast Implants
The BECKER™ Expander/Implant is the only gel product that gives you the option of a single or two-stage breast reconstruction. These unique products have an inner lumen containing saline solution that allows for tissue expansion and an outer lumen of gel that is designed to provide a softer feeling implant. The remote injection dome makes volume adjustments simple and can be easily removed when expansion is complete. BECKER™ Expander/Breast Implants are a technological advancement in terms of offering your surgeon the ability to create exact outcomes in size, shape and fill, without compromising the natural give of silicone gel. The tissue expander is removed when your breast tissues can accommodate the breast implant you and your care team have selected.

MENTOR® BREAST IMPLANTS
Mentor produces silicone breast implants:
Silicone breast implants are silicone shells that are filled with silicone gel. Your surgeon will help you decide which implant options are right for you based on your body type, desired outcomes, and expectations.
BREAST IMPLANT FEATURES

Size
Breast implant size is measured in cubic centimeters (often referred to as cc’s). The larger the implant, the higher the volume of cc’s will be. For example, a 300cc implant is larger than a 250cc implant. Breast implant sizes do not correspond to traditional bra cup sizes. Your surgeon is the best resource for determining what size implant is best for your body.

Profile
The profile of a breast implant refers to the level of forward projection from the chest wall in relation to the base width of the implant. In other words, the profile indicates the distance the implant will project from your body. A higher profile breast implant will create a more prominent silhouette than a lower profile breast implant.

Shape
MENTOR® Silicone Implants are available in two distinct shapes: teardrop and round. MENTOR® CPG™ Gel Breast Implants are teardrop shaped, tapered at the top and gently sloping to mimic the silhouette of a natural breast. MENTOR® MemoryGel™ Breast Implants are round and, therefore, able to shift slightly once positioned without distorting the shape of the breast. Talk to your surgeon to explore different shape options and learn about which one may be right for you.

SILTEX™ BECKER™ EXPANDER/BREAST IMPLANTS and SPECTRUM™ ADJUSTABLE SALINE BREAST IMPLANTS can be adjusted after surgery, and are available in both round and contoured shapes. The SILTEX™ BECKER™ EXPANDER/BREAST IMPLANTS and SPECTRUM™ Adjustable Implant function as both a tissue expander and a long-term saline breast implant. It can be placed with minimal volume during
your initial surgery, with the fluid volume gradually being increased over time, which expands the breast’s tissues. This implant contains a fill tube and remote injection dome that should be removed when the final volume is reached. The implant is then left in place as the long-term breast implant.

**Surface Texture**

MENTOR® Breast implant shells are offered with either a smooth or textured surface shell. SILTEX™ Imprinted Texture helps reduce the chance of capsular contracture and was designed to prevent shaped implants from shifting in position. Talk to your surgeon to decide which surface texture is best for you.
WHICH TYPE OF MENTOR® BREAST IMPLANT IS RIGHT FOR YOU?

This side-by-side comparison of MemoryGel® Breast implants and CPG™ Gel Breast Implants may help you determine which implant type is right for you. Your surgeon is another excellent resource with whom to discuss your options. You and your surgeon will discuss which option is the best for you based on your desired outcomes.

How do MENTOR® Silicone Breast Implants, round and shaped or teardrop Breast implants compare?

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For full warranty program details and qualifications, visit www.mentorwwllc.eu
MENTOR® CPG™ GEL BREAST IMPLANTS

Fill
Filled with a highly cohesive gel for durable shape retention designed to give a youthful feel.

Volume
Set fill volume for predictable results.

Projection options
Teardrop-shaped to resemble the natural slope of a breast with full projection point at the lower portion of the implant.

Shell surface options
Imprinted with MENTOR® SILTEX™ Texture designed to keep your implants in place.

Warranty
MENTOR® Lifetime Product Replacement Policy Warranty and MENTOR® Patient Safe Coverage Limited Warranty

For full warranty program details and qualifications, visit www.mentorwwllc.eu
MENTOR® CPG™ Gel BREAST IMPLANTS

Our MENTOR® CPG™ Gel Breast Implants give your surgeon an additional choice to help you achieve a natural-looking silhouette.

Trusted and Proven

With over 10 years of surgical use, and available in more than 70 countries worldwide, MENTOR® CPG™ Gel Breast Implants are a leading choice for women who could benefit from an implant that helps create the natural shape of the breast.

Youthful firmness

The cohesive gel that Mentor uses is formulated unlike any other to give your breasts a youthful feel.

Gentle texture

Each MENTOR® CPG™ Gel Breast Implants features SILTEX™ Texture, a gentle imprinting process designed to help keep your implants in place.
Are CPG™ Gel Breast Implants right for you?
As with all breast implant choices, you and your surgeon will take into consideration your unique features, as well as your desired outcomes in order to give you the result you’re looking for.

If you’re considering reconstruction with MENTOR™ CPG™ Gel Breast Implants:

Do you have a certain look in mind?
Teardrop-shaped implants are made to match the silhouette of a natural breast with more fullness at the bottom than at the top. If this is the look you want, CPG™ Gel Breast Implants may be right for you.

Is the feel of the breast implant most important to you?
CPG™ Gel Breast Implants are filled with a highly cohesive silicone gel that helps the implant create a natural breast silhouette. Although this gel is pliant, it may feel firmer to you than your natural breast tissue.

Do you have sufficient tissue coverage?
An important consideration in determining which implant will be right for you is the amount of breast tissue coverage you have. During your consultation, your surgeon will evaluate your breast tissue and determine which implants are well suited to you.

Do you have an incision site preference?
When placing a breast implant, there are three common incision sites: around the nipple (periareolar), within the breast fold (inframammary) and underneath the arm (axillary). MENTOR® CPG™ Gel Breast Implants may be placed using any of these incision sites. However, the most common incision site is within the breast fold. Shaped implants may require a larger incision than round implants.
MENTOR® MEMORYGEL™ BREAST IMPLANTS

A trusted choice
MemoryGel™ Breast implants have been successfully used and trusted for over 30 years by millions of women worldwide. Why? Because our implants feel like natural breast tissue - without compromising reliability or safety.* MemoryGel™ Breast implants come in either a textured or smooth surface shell and are available in a wide range of sizes and profiles to fit your body.

* As compared to saline-filled breast implants.
MENTOR® BREAST IMPLANTS
-ANOTHER OPTION

An innovative line of adjustable implants

SILTEX™ BECKER EXPANDER/IMPLANT

The BECKER™ Expander/Implant is the only gel product that gives you the option of a single or two-stage breast reconstruction. These unique products have an inner lumen containing saline solution that allows for tissue expansion and an outer lumen of gel that is designed to provide a softer feeling implant. The remote injection dome makes volume adjustments simple and can be easily removed when expansion is complete. BECKER™ Expander/Breast Implants are a technological advancement in terms of offering your surgeon the ability to create exact outcomes in size, shape and fill, without compromising the natural give of silicone gel.

MENTOR® SPECTRUM™ ADJUSTABLE SALINE BREAST IMPLANTS

Often, the most difficult decision for most women regarding breast reconstruction is choosing the breast size. The innovative line of MENTOR® SPECTRUM™ Adjustable saline implant makes the decision-making process easier because the size can be adjusted after surgery.
MENTOR® Silicone Breast Implants have been successfully used and trusted for over 30 years by millions of women worldwide. Why? Our implants feel more like natural breast tissue without compromising reliability or safety. Mentor has conducted seven silicone gel breast implant clinical studies. Over 200,000 women have participated in Mentor’s studies in order to provide a significant body of clinical evidence demonstrating the safety and effectiveness of silicone-filled breast implants. As we have to date, Mentor will remain committed to providing objective, clinical information about breast implant safety.¹

Silicone used today versus silicone of the past

Silicone gel filled breast implants have undergone changes over time to meet increasingly sophisticated consumer expectations. The very first silicone breast implants used thick shells and contained firm gel. The second generation of implants introduced in the late 1970’s had thinner shells and used less firm gel to address concerns of patients and surgeons who believed that implants were too firm, palpable and visible.

In the mid 1980s, concerns related to rupture rates of the second generation thinner-shelled implants led manufacturers to introduce a third generation of implants. The shell and gel of these third generation implants were slightly thicker but still soft.

Today the fourth generation silicone gel filled implants are available. They are referred to as highly cohesive gel implants.

¹. Summary of the Safety and Effectiveness of Mentor’s MemoryGel™ Silicone Gel-Filled Implants in Patients who are Undergoing Primary Breast Augmentation, Primary Breast Reconstruction, or Revision. 10-Year Core Gel Final Clinical Study Report. April 2013.
Adjunct Study Final Report for Mentor’s MemoryGel™ Silicone Gel-Filled Breast Implants. 02 November 2012.
Mentor Worldwide, LLC. MemoryShape™ Post-Approval Cohort Study (formerly Contour Profile Gel Core Study) Final Clinical Study Report. 02 June 2015.
MemoryShape™ Post-Approval Cohort Study (formerly Contour Profile Gel Core Study. 2013 CPG Styles Study: A Study of the Safety of the Contour Profile Gel Breast Implants in Subjects who are Undergoing Primary Breast Augmentation, Primary Breast Reconstruction, or Revision. 2015.
MemoryShape™ Post-Approval Continued Access Study (formerly Contour Profile Gel Continued Access Study). 2014
ANOTHER IMPORTANT REASON TO TRUST MENTOR:

Nothing could be more important than the quality of the breast implant that you and your surgeon choose

Mentor is a world leader in breast implant manufacturing, research and testing. For over 30 years, we have adhered to the high standards of manufacturing, testing and clinical trials for saline and silicone breast implants for use in both breast augmentation and breast reconstruction. Because of this, we are consistently recognized by surgeons for outstanding product integrity. Over 5 million women worldwide have used MENTOR® Gel Breast Implants.

Mentor is committed to conducting long-term, far-reaching clinical studies.

In addition to FDA evaluations, Mentor is committed to conducting its own long-term, far-reaching clinical studies. Throughout the years, Mentor has done extensive safety evaluations of both saline filled breast implants and gel filled breast implants. Mentor is and will remain committed to providing objective, clinical information about breast implant safety.1


MENTOR LIFETIME PRODUCT REPLACEMENT POLICY WARRANTY

We are proud to offer a Mentor Lifetime Product Replacement Policy Warranty and Patient Safe Coverage Limited Warranty.

Your peace of mind is important to us. All MENTOR® Products come with Mentor’s Lifetime Product Replacement Policy Warranty which provides for the free lifetime product replacement of our gel filled and saline filled breast implants that rupture due to loss of shell integrity. The Patient’s surgeon must request replacement product from Mentor.

Please visit www.mentorwwlc.eu to learn more about the terms of our Lifetime Product Replacement Policy Warranty and MENTOR® Patient Safe Coverage Limited Warranty.
FREQUENTLY ASKED QUESTIONS ABOUT BREAST IMPLANTS

For the most comprehensive information about reconstructive surgery, we invite you to visit www.mentorwwllc.eu/for-patients

What is a breast implant?
When someone says “breast implant,” they are describing a silicone shell that is filled with either silicone gel or saline solution. Breast augmentation and reconstructive surgeons insert these implants under breast tissue or under the chest muscle to create a fuller looking and feeling bust line.

What are MENTOR® MemoryGel™ Breast Implants
MENTOR® MemoryGel™ Breast Implants are prefilled with Mentor’s propriety cohesive silicone gel. MENTOR® MemoryGel™ Breast Implants hold safely and uniformly together to deliver a natural feel that closely resembles natural breast tissue.
A PICTURE IS WORTH A THOUSAND WORDS

We have cut a MENTOR® MemoryGel™ Breast Implant in half to demonstrate how the gel material holds together uniformly*. MemoryGel™ is a cohesive, gelatin-like substance that does not pour or separate like a liquid, but acts more like a solid. Our adherence to strict quality manufacturing requirements has resulted in silicone shells that have been tested and shown to possess excellent strength, resilience and elasticity.

We’re proud of our MemoryGel™ Implants and it’s easy to see why:

• MemoryGel™ Breast Implants are one of the most studied medical devices in the world.

• The uniquely formulated cohesive gel creates the soft, natural feel preferred by millions of women.¹

*As compared to saline-filled breast implants.

1. Summary of the Safety and Effectiveness of Mentor’s MemoryGel™ Silicone Gel-Filled Implants in Patients who are Undergoing Primary Breast Augmentation, Primary Breast Reconstruction, or Revision. 10-Year Core Gel Final Clinical Study Report. April 2013.
3. Adjunct Study Final Report for Mentor’s MemoryGel™ Silicone Gel-Filled Breast Implants, 02 November 2012.
4. Mentor Worldwide, LLC. MemoryShape™ Post-Approval Cohort Study (formerly Contour Profile Gel Core Study) Final Clinical Study Report. 02 June 2015
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7. CPG Styles Study: A Study of the Safety of the Contour Profile Gel Breast Implants in Subjects who are Undergoing Primary Breast Augmentation, Primary Breast Reconstruction, or Revision. 2015
8. MemoryShape™ Post-Approval Continued Access Study (formerly Contour Profile Gel Continued Access Study). 2014
What is silicone?
Silicone is derived from silicon, a semi-metallic or metal-like element that in nature combines with oxygen to form silicon dioxide, or silica. Beach sand, crystals and quartz are silica. Silica is the most common substance on earth. Heating silica with carbon at a high temperature can produce silicon. Further processing can convert the silicon into silicone, which can be a liquid, a gel or a rubbery substance. Various silicones are used in lubricants and oils, as well as in silicone elastomers. Silicone can be found in many common consumer items, such as chewing gum, nail polishes, suntan and hand lotions, antiperspirants, bath soaps and processed foods.

Are silicone gel-filled implants safe?
MENTOR® MemoryGel™ Breast Implants have been successfully used and trusted for over 30 years by millions of women worldwide. More than 200,000 women have participated in Mentor’s studies in order to provide a significant body of clinical evidence demonstrating the safety and effectiveness of silicone filled breast implants. As we have for many years, Mentor will remain committed to providing objective information about breast implant safety. Detailed information regarding the risks and benefits associated with MENTOR® Breast Implants is provided in several educational brochures. It is important that you read and understand these brochures when considering MENTOR® Breast Implants. Breast implants are not lifetime devices. You may need additional unplanned surgeries on your breasts because of complications or unacceptable cosmetic outcomes. The most common complications are reoperation, implant removal and capsular contracture. A lower risk of complication is rupture. Your doctor will monitor you in the years after your surgery to look for these potential complications.
How is the silicone gel used today different from the silicone used in years past?

Silicone gel filled breast implants have undergone changes in the last three decades to meet increasingly sophisticated consumer expectations. The very first silicone breast implants used thick shells and contained firm gel. Then, a second generation of implants with thinner shells and less firm gel was introduced in the late 1970s to address concerns of patients and surgeons who believed that implants were too firm, palpable and visible.

In the mid 1980s, concerns related to rupture rates of the second generation thinner-shelled implants led manufacturers to introduce a third generation of implants. The shell and gel of these third and fourth generation implants are slightly thicker but still soft.

Today these third generation and fourth generation silicone gel filled implants are typically referred to as cohesive gel implants and highly cohesive gel implants, respectively. MENTOR® Products have kept pace with the ever-evolving expectations of surgeons and women who desire a soft gel to retain the natural feel that resembles actual breast tissues.

Do MENTOR® Breast Implants include latex?

No. Because latex allergies are so common, MENTOR® Breast Implants are not made with natural rubber latex.

Is there active platinum in breast implants?

The manufacture of silicone breast implant shells and gel-filling materials uses platinum as a catalyst. Because very small amounts of platinum remain in the product following its manufacture, concerns have been raised that platinum may enter the body and cause adverse effects - either by diffusing through the intact shell, or through an implant rupture.

However, in 2006, the United States Food and Drug Administration (FDA) released the following conclusion about platinum: “Based on the existing literature, the FDA believes that the platinum
contained in breast implants is in the zero oxidation state, which would pose the lowest risk, and thus that the small amounts of platinum that leak through the shell do not represent a significant risk to women with silicone breast implants. 

How much do breast implants weigh?
You can use this formula to estimate the weight of your MENTOR® MemoryGel™ Breast Implants and Saline Filled Breast Implants: 1 ounce = 30 cc’s.

Example: A 300 cc implant = 10 ounces. Implant weight will vary with implant size.

How do cc’s compare to cup size?
cc volumes do not accurately translate to bra cup sizes.

How do breast implants affect mammography?
With breast implants, routine mammography screening may be more difficult. The implant may interfere with finding breast cancer during mammography and generally requires additional x-rays and more potential exposure to radiation. If you are of the proper age for mammography screening, you should continue to undergo routine mammography screenings as recommended by your primary care surgeon. When you do, be sure to inform the mammography technician that you have implants.

What is the average life expectancy of a breast implant?
It’s important to know that breast implants don’t last a lifetime. While implant duration varies from woman to woman, implants need to be replaced at some time. Replacement is often prompted by choice, such as a desired size change, or implant style change. Some women undergo breast implant replacement because of a complication, such as saline deflation or gel rupture.

*source: www.fda.gov/cdrh/breastimplants/platinum.html
Should I be at my ideal weight before I have a breast implant procedure?
You should be close to your ideal weight when you have breast implant surgery. Why? Because women who lose or gain a significant amount of weight after receiving breast implants sometimes alter the results in unpredictable and/or undesirable ways.

How long should I wait to resume exercise and other strenuous activities after breast reconstruction?
Your surgeon is in the best position to answer this question. Because recovery periods vary from woman to woman, he or she will determine how much downtime you may need and when to resume normal activities. Be sure to check with your surgeon before returning to your workouts.

What affect does smoking have on the healing process following surgery?
Smoking can compromise recovery a great deal by causing the blood vessels to constrict, reducing blood flow, and the oxygen it carries, to the surgical area. Your tissues need this blood and oxygen supply to heal properly. When your blood supply is compromised, wound healing will be affected.

That’s why surgeons ask patients to refrain from smoking for one to five weeks prior to and after surgery. It is important that you ask your surgeon what his or her specific recommendation for you would be.

Are MENTOR® Breast Implants covered by a warranty?
Your peace of mind is important to us. All MENTOR® Products come with Mentor’s Lifetime Product Replacement Policy Warranty which provides for the free lifetime product replacement of our gel filled and saline filled breast implants that rupture due to loss of shell integrity. The Patient’s surgeon must request replacement product from Mentor.

Please visit www.mentorwwlc.eu to learn more about the terms of our Lifetime Product Replacement Policy Warranty and and MENTOR® Patient Safe Coverage Limited Warranty.
What are all my options for breast reconstruction?
What are the possible risks and complications for each type of reconstructive surgery and how common are they?
What if my cancer recurs or occurs in the other breast?
Will reconstruction interfere with my cancer treatment?
How many steps are there in each procedure, and what are they?
How long will it take to complete my reconstruction?
How much experience do you have with each procedure?
Do you have before-and-after photos I can look at for each procedure? What results are reasonable for me?
What will my scars look like?
What kind of changes in my implanted breast can I expect over time?
What kind of changes in my implanted breast can I expect with pregnancy?
What are my options if I’m dissatisfied with the cosmetic outcome of my implanted breast?
Can I talk with other patients about their experience?
For staged reconstruction, what is the estimated total cost of each procedure?
How much pain or discomfort will I feel, and for how long?
Will I need to replace my implant at some point?
How long will I be in the hospital?
Will I need blood transfusions, and can I donate my own blood?
When will I be able to resume my normal activities (sexual activity or athletic activity)?
Who is the manufacturer of my breast implant?
Does the manufacturer have a product warranty?
WE’RE ALWAYS HERE TO HELP

The following resource may help you obtain additional information so you can make an informed decision about breast reconstruction.

BREAST RECONSTRUCTION RESOURCES

The following list of resources may help you to find more information and support for your breast reconstruction decision.

FRANCE
Breast Cancer Information
www.cancerdusein.org
French Society of Plastic Surgeons
http://www.sfce.fr

GERMANY
Breast Cancer Information
http://www.gbg.de
German Association of Plastic Surgeons
www.vdpc.de

ITALY
Breast Cancer Information
https://www.europadonna.org
Italian Society of Plastic Surgeons
www.sicpre.org

SPAIN
Breast Cancer Information
www.aecc.es
Spanish Society of Plastic Surgeons
www.cirugia-plastica.org

UNITED KINGDOM
Breast Cancer Care
www.breastcancercare.org.uk
British Association of Plastic, Reconstructive and Aesthetic Surgeons (BAPRAS)
www.bapras.org.uk.
MENTOR® Breast Implants are indicated for breast augmentation, in women who are at least 18 years old, or for breast reconstruction. Breast implant surgery should not be performed in those women with active infection anywhere in their body, those with existing cancer or pre-cancer of their breast(s), those who have not received adequate treatment for these conditions or those who are pregnant or nursing. There are risks associated with breast implant surgery. Breast implants are not lifetime devices and breast implantation is not necessarily a one-time surgery. Patients may require additional unplanned surgeries on the breast(s) because of complications or unacceptable cosmetic outcomes. Many of the changes to the breast(s) following implantation are irreversible (cannot be undone) and breast implants may affect the ability to breastfeed, either by reducing or eliminating milk production.

The most common complications with MENTOR® MemoryGel™ Breast Implants include re-operation, implant removal, capsular contracture, asymmetry, and breast pain. A lower risk of complication is implant rupture, which is most often silent (meaning neither you nor your doctor will know you have a rupture). The health consequences of a ruptured silicone gel-filled breast implant have not been fully established. Screenings such as mammography, MRI, or ultrasound are recommended after initial implant surgery to assist in detecting implant rupture. The most common complications with MENTOR® Saline-Filled Breast Implants include re-operation, implant removal, capsular contracture, wrinkling, deflation, asymmetry, and breast pain. MENTOR® Smooth Round Tissue Expanders with Remote Dome can be utilized for breast reconstruction after mastectomy, correction of an underdeveloped breast, scar revision and tissue defect procedures. The expander and remote injection dome are for temporary subcutaneous or submuscular implantation and are not intended for use beyond six months.

MENTOR® CPX™ 4 Breast Tissue Expanders can be utilized for breast reconstruction after mastectomy, correction of an underdeveloped breast, scar revision and tissue defect procedures. These expanders are intended for temporary subcutaneous or submuscular implantation; they should be used within a time frame determined by the physician to achieve the clinically desired degree of tissue expansion. CPX™ Breast Tissue Expanders are devices that contain magnetic injection domes and are NOT MRI compatible. Do not use the CPX™ Tissue Expander in patients where an MRI may be needed. DO NOT use the CPX™ Tissue Expander in patients that have a previously implanted device that could be affected by a magnetic field. The device could be moved by the MRI causing pain or displacement, potentially resulting in a revision surgery. The incidence of extrusion of the expander has been shown to increase when the expander has been placed in injured areas: scarred, heavily irradiated or burned tissue, crushed bone areas or where severe surgical reduction of the area has previously been performed.

Patients are reminded to discuss the indications, contraindications, warnings, precautions and the risks and benefits associated with MENTOR® Breast Implants with their surgeon and review the Important Safety Information provided at www.mentorwwllc.eu. It is important that patients understand the risks associated with breast implant surgery when considering MENTOR® Breast Implants.