# PROXIMATE®
# Skin Staplers

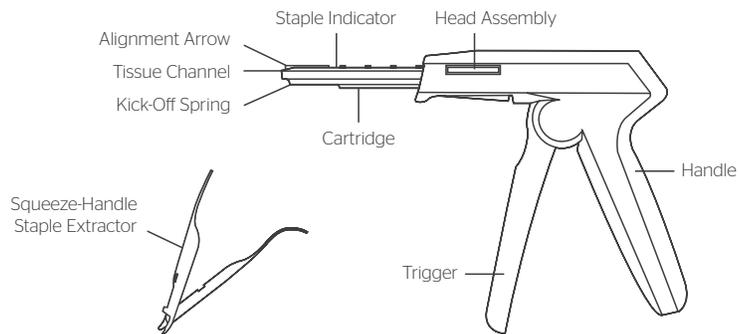## Steps to Use

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Models available:
PROXIMATE® Rotating-Head – PRR35, PRW35
PROXIMATE® PlusMD – PMR35, PMW35
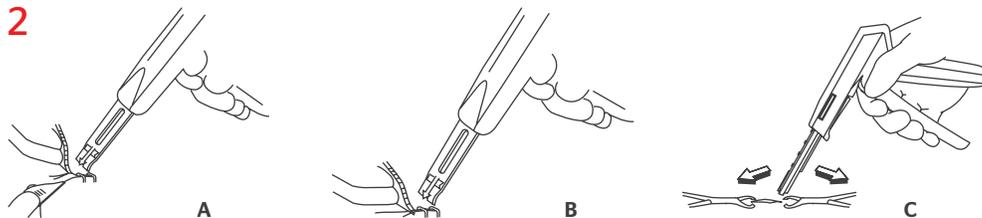PROXIMATE® Fixed-Head – PXR35, PXW35

Verify compatibility of all instruments and accessories prior to using the instrument (see Instructions for Use).

Staple Indicator  Head Assembly
Alignment Arrow
Tissue Channel
Kick-Off Spring
Cartridge
Squeeze-Handle Staple Extractor
Handle
Trigger

## 1

Using sterile technique, remove the instrument from the package. To avoid damage, do not flip the instrument into the sterile field.

## 2

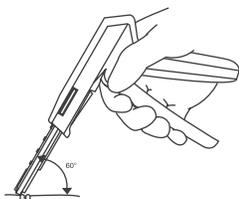A                    B                    C

**Suggested Eversion Techniques:** With two tissue forceps, pick up each wound edge individually and approximate the edges (**A**).

**Or,** with one tissue forceps, pull skin edges together until edges evert (**B**).
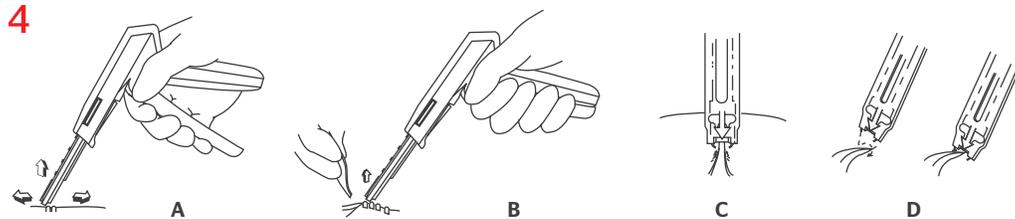
**Or,** apply tension to either end of the incision, such that the tissue edges begin to approximate themselves. One forcep can be used to ensure that the edges are everted (**C**).

## 3

60°

Position the instrument with moderate pressure over the everted skin edges. The instrument should be held at a 50° to 60° angle to the skin.

## 4

A                    B                    C                    D

Squeeze the trigger until you touch plastic trigger to plastic handle (plastic to plastic), then release the trigger and remove the instrument off the incision in any direction (**A**).

**Alternate Release (B):** If desired, before releasing the trigger lift up on the instrument. This will help to evert the skin edges, which can then be more easily grasped with the tissue forceps. Release the trigger after the forceps are in place, and repeat the sequence to fire the next staple.

**Alternate Technique (C):** The instrument can also be precocked (partially fired) so that the staple points are visible at the nose of the instrument. This feature, in conjunction with the clear nose and alignment arrow, ensures precise staple placement in the skin.

**Note (D):** If desired, after the instrument has been precocked, one leg of the staple can be hooked onto one side of the tissue. This will aid in drawing the tissue together. This technique may be suitable for attaching skin grafts under moderate tension.

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